



"Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated. So also the fish, as much as they wanted."

JOHN 6:11, ESV



PLACE IT IN HIS HANDS

A SIMPLE PRACTICE FOR OFFERING WHAT FEELS INSUFFICIENT



WHAT IS ALREADY HERE?

When Jesus asked how the crowd would be fed, Philip calculated what they lacked. Andrew noticed what was already present: five barley loaves, two fish, and a boy carrying them.

The food was not enough for the crowd. But Jesus never asked the boy to make it enough.

He simply received what was available.

You may be facing a need that is much greater than your ability to meet it. Your time, energy, resources, or strength may feel painfully limited.

Jesus does not ask you to become the source. He invites you to notice what is already in your hands and entrust it to Him. A meal. A prayer. An hour. A listening presence. A small act of generosity. A willingness to begin.

Faithfulness is not measured by your ability to control the outcome. It begins when you release what you have to Christ and trust Him with what happens next.



YOU DO NOT HAVE TO MAKE YOUR OFFERING SUFFICIENT. YOU ONLY HAVE TO PLACE IT IN THE HANDS OF THE ONE WHO IS.

A PRAYER

Jesus, You see the need more fully than I do. You also see how limited and uncertain I feel. Show me what You have already placed within my reach. Free me from believing that I must produce the whole answer. Receive what I offer, guide what I do, and help me trust You with the outcome. Amen.

NOTICE WHAT YOU CARRY

- 1 What need feels larger than anything I can offer?
- 2 What ability, resource, relationship, or opportunity is already within my reach?
- 3 Have I dismissed something because it seems too ordinary or small?
- 4 Am I trying to carry an outcome that belongs to Christ?
- 5 What might faithful participation look like today?

THE OPEN-HAND PRACTICE



NAME THE NEED.

Tell Jesus what feels too large, complicated, or painful for you to resolve.



NAME WHAT YOU HAVE.

Identify one thing you can faithfully offer without pretending it will solve everything.



RELEASE THE OUTCOME.

Close your prayer by saying:
Jesus, I place this in Your hands.
Use it as You choose.

Then take one small, concrete step before the day ends.



CONTINUE WITH THE FULL REFLECTION
THE BOY WHO BROUGHT HIS LUNCH

WHEN THE WORD LINGERS
REFLECTIVE INSIGHTS FROM SCRIPTURE

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