

Peace Before the Water Grows Still

*A one-page companion guide for discovering
Christ's presence before your circumstances change.*

Mark 4:35–41 (ESV)

THE STORY

As evening approached, Jesus said to His disciples, "Let us go across to the other side." Leaving the crowd behind, they took Him with them in the boat, just as He was. Other boats followed.

A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke Him and said to Him, "Teacher, do You not care that we are perishing?"

He woke up, rebuked the wind, and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm.

He said to them, "Why are you so afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey Him?"

TRUTH TO HOLD

*Peace is not the absence
of the storm.*

*It is the presence
of Jesus within it.*

WHAT WE LEARN



**Jesus was already at peace
before He calmed the sea.**

His confidence was not in the conditions—His trust was in the Father.



**His presence mattered
before His miracle.**

Christ's nearness is not dependent on whether the storm is silenced.



**Fear often grows faster
than faith.**

The disciples saw the waves, not the One who held them.



**Honest cries do not
drive Jesus away.**

Their desperation brought Him no accusation—only compassion.



**Christ's peace is rooted in
the Father, not in changing
circumstances.**

He speaks peace from a deeper place than the storm can touch.

REFLECT & RESPOND

1. *Where do I see storms in my life
right now?*

2. *How does Jesus' peace show up
in these moments?*

3. *What would it look like to trust
His presence before the calm?*

A PRAYER

Lord Jesus, You were at peace before the sea became still.
Teach me to rest in Your presence when the waves rise high.
Strengthen my faith when fear tries to take over my heart.
Help me remember that You are with me in the boat, even when
I do not understand the storm. You are enough for this moment.
Amen.

*You are with me.
That is enough for
this moment.*

