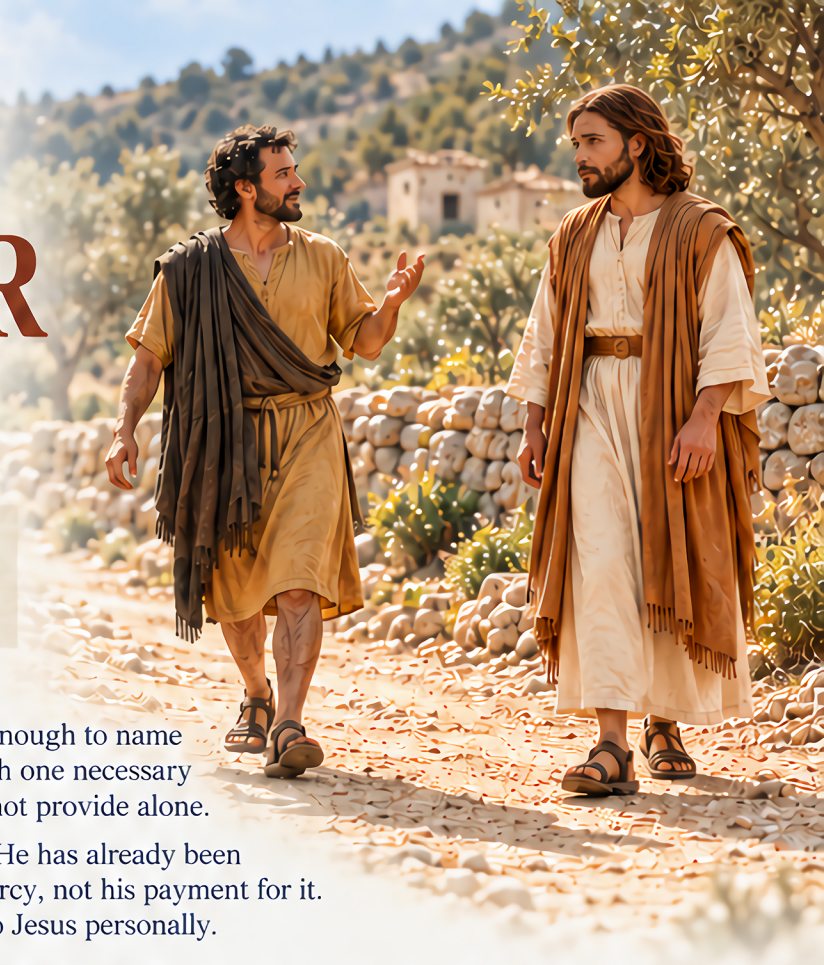
RETURN *and* REMEMBER

A one-page Luke 17 reflection guide for noticing mercy and bringing your thanks to Jesus



Key Scripture

> *"Then one of them, when he saw that he was healed, turned back, praising God with a loud voice;"*
> Luke 17:15 ESV

Short Reflection

Choose one kindness from the last few days. Keep it small enough to name clearly: a ride, a meal, patient listening, the strength to finish one necessary task. Notice what it meant to receive something you could not provide alone.

In Luke 17, the Samaritan's gratitude moves toward Jesus. He has already been healed when he returns. Thanksgiving is his response to mercy, not his payment for it. Let the kindness you remember become a reason to speak to Jesus personally.

You can bring an unanswered prayer into this same moment. Gratitude does not require you to hide pain or call every circumstance good. Thank Him for the care you received, and tell Him honestly where you still need help.

Thanksgiving is a response to mercy, not a payment for it.

Five Guided Reflections

1. **Notice** — What specific kindness have I received this week?
2. **Remember** — What need did it meet, and who helped carry that need?
3. **Return** — What do I want to say to Jesus about this gift?
4. **Be honest** — What sorrow or unanswered prayer do I bring alongside my thanks?
5. **Respond** — Whom will I thank, and what small act of care can I offer?

A Simple Practice

Name and Return

Take three unhurried minutes. Write one received kindness. Name what it meant to you. Thank Jesus for it in your own words. Then send one personal thank-you or offer one small act of care. Keep the practice simple enough to repeat tomorrow.

Prayer

Jesus, slow me enough to notice Your mercy. Receive my thanks for the care I have been given. Hold the sorrow that remains unfinished. Teach me to receive with humility and to care for someone else. Amen.

Connection to the Reflection

Continue with this week's *When the Word Lingers* reflection, *The Gratitude That Turned Back*, at tiofelipe.com/blog.